



Personal details will be held confidentially in accordance with current legislation.

About You

Forename(s)..... Surname .....
Address & Postcode .....
Date of Birth .....
Telephone Number..... Mobile Number.....
Please contact me by email for club announcements
Email ..... Yes / No
Your interest in stroke e.g. stroke survivor/family member/partner/carer/professional/volunteer:

Emergency Contact

In the event of an emergency affecting me, please contact (please provide 2 alternative contacts):
Person 1 ..... Relationship to you .....
Telephone Number ..... Mobile Number .....
Person 2 ..... Relationship to you .....
Telephone Number ..... Mobile Number .....

Photos are taken at various events held by the Manx Stroke Foundation for our website and / or other publications. If you would prefer NOT to appear in pictures, please tick this box: [ ]

By signing and submitting this application (either by the applicant or on their behalf), you:

- a) Permit the Manx Stroke Foundation to retain these details both on paper and electronically
b) Confirm that you have read or have been read and understand the Covid-19 Notice overleaf

Signature\* Date
\*A Carer or close relative may sign on your behalf if you have difficulties with your signature
Name and relationship to the applicant if signing on their behalf.....

Once completed, the membership form and membership fee of £5 should be sent to:

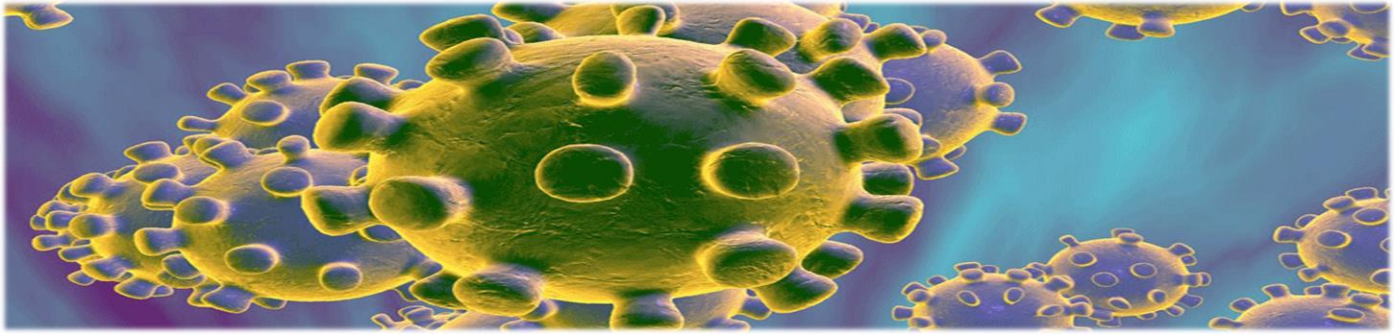
The Manx Stroke Foundation, 80 Malew Street, Castletown, Isle of Man IM9 1LS

Phone: 411330 or 824361

So that our records are kept up to date, please make sure you inform us if any of the above details change

## COVID-19 and attending Stroke Club, StrokeArt or Outings

**Although all members are welcome to attend our social events, we want to remind them that catching Covid-19 is still a risk, so we please ask that they review the following notice**



- Covid-19 is an infectious disease that can result in serious and potentially fatal illness
- The risk of the transmission of Covid-19 increases in enclosed spaces and with increased numbers of people
- The elderly and those with underlying medical conditions are more vulnerable
- You can still catch and spread Covid-19 even if you have been fully vaccinated

### **By attending Stroke Club, StrokeArt or Outings you acknowledge:**

- a) the contagious, person to person, transmittable nature of Covid-19
- b) the Manx Stroke Foundation cannot guarantee that you will not become infected with Covid-19
- c) that the risk of becoming exposed to and/or infected by Covid-19 may result from the actions, omissions, or negligence of yourself and/or others around you
- d) that you have voluntarily attended Stroke Club, StrokeArt or Outings and in doing so, that you are potentially increasing your risk of exposure to Covid-19

### **And you confirm that:**

- a) you are not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell
- b) you do not believe you have been exposed to someone with a suspected and/or confirmed case of Covid-19
- c) you are not awaiting the results of a test which might confirm you are infected with Covid-19

### **Tips for Reducing Your Risk of Exposure to and passing on Covid-19 if attending Stroke Club, StrokeArt or Outings**

- Although wearing facemasks at Stroke Club, StrokeArt or Outings is not mandatory, it is one of the best ways to reduce your risk of catching Covid-19 and/or passing it on to others.
- Your own facemask can be worn to Stroke Club, StrokeArt or Outings, or one can be provided upon request. Please respect others if they choose to wear a facemask.
- You can take a Lateral Flow (Covid-19) Test before you attend. These tests are free and available in all chemists across the island, and are a quick, easy and painless way to get a result.
- Covid-19 can survive on surfaces for several days so regular hand washing with soap and water, or with 70% alcohol based hand sanitiser is another good preventative measure.
- If you ride in a taxi to and from Stroke Club, StrokeArt or Outings, this too can increase your risk of catching Covid-19. Consider wearing a facemask, sitting apart from others and opening a window to let in fresh air.
- Social distancing is also great way to reduce the risk of person to person transmission of Covid-19. Unfortunately, humans are social creatures and attempting not to hand shake, hug or even kiss is a struggle!