



UPDATE

The Quarterly Newsletter

Autumn 2020

We are extremely fortunate that there are no community cases of Covid-19 here on the island. This has allowed us to hold our Club meetings again starting on the 8th October. However, we cannot let our guard down and we will ensure that everyone has access to hand sanitisers and that we keep a reasonable distance from each other. Also, if you have any concerns about your health or any signs of the virus please do not attend the meeting. There are still concerns about the Art Group, but you will be informed when the sessions start again.

COMING MEETINGS

- 8th October: Zoe Cannell, the Manx Bard, will be entertaining us on this first day back after lockdown. There will be a raffle – prizes welcomed.
- 22nd October: A little change this year to our Halloween celebration in that we will hold a lunch time meal at the Comis Hotel. Please see the details enclosed with this Update and return the completed slip to David Mammen.
- 12th November: A musical evening with Jane Corkill, Paul Costain, Ruth Tickle and John Snelling. This has the promise of an excellent evening.
- 26th November: Sandy Moore from the Manx Hedgehog Conservation Society will come along to inform us of their work.
- 10th December: The Christmas Meal will also be held at lunchtime but will again be at the Hawthorn Inn. Details and menu will be sent out nearer the time.

For full details and photos of previous club nights please visit our website:

www.manxstrokefoundation.org

SUBSCRIPTIONS

Thank you to all of you who have paid your subscriptions but there are still some who have not yet paid. To keep your membership and continue to receive the Update, subscriptions must be paid within six months of the Annual General Meeting so please ensure we have your £5 in the next month. You can hand it in at the next meeting or send it to the membership secretary, Mrs Trish Lambert, Croft Beg, The Crofts, Castletown, IM9 1LY.

CASTLETOWN GOLF CLUB

The Ladies' and Gentlemen's Captains of Castletown Golf Club have named the Manx Stroke Foundation as their combined charity of the year. They are busy with activities to raise funds for us. One such activity was the Men's Captain's Day which coincided with Yorkshire Day on 1st August 2020. Your committee members joined them in the refreshment tent where golfers generously donated to the Foundation and bought raffle tickets. At the end of the year we will be presented with what should be a very tidy sum!

CT SCANNERS SUITE



The committee members were delighted to be invited to view the new CT scanner suite. We were given a short presentation by Dr Sissons who explained the benefits of the scanners and how much an improvement they are over the previous ones. The suite itself is bright and airy with a relaxing ambience which must be a great help to those waiting for the scan. Above the scanner itself is a moving image of a fish tank – which takes your attention as soon as you enter the room! We are fortunate to have this vital equipment in such a welcoming suite here on the Island.

CAPACITY LEGISLATION CONSULTATION

The Department of Health and Social Care has launched a public consultation on capacity policy principles. Capacity issues potentially affect everyone and it is essential that services, for people who may have lost capacity to make decisions for themselves, are underpinned by a modern and legal framework which is clear and has the necessary safeguards for an individual's rights, dignity and wellbeing. This online consultation ends on Friday 2nd October 2020 and can be accessed at:

<https://consult.gov.im/health-and-social-care/capacity-bill-2021-principles>

A paper copy can be obtained from the consultation coordinator:

Georgina.jones@gov.im

FLAG DAY COLLECTION DAY AT SHOPRITE

With the relaxing of restrictions, we are able to hold our Flag Day collection at Shoprite, Port Erin on Saturday 3rd October. Look out for our table and hopefully friends and relations will come along to support us.

DID YOU KNOW?

A few interesting facts on some of today's common sayings....

1. In the 1400s a law was set forth in England that a man could beat his wife with a stick no thicker than his thumb.

Hence we have '**the rule of thumb.**'

2. Many years ago, in Scotland, a new game was invented. It was ruled '**Gentlemen Only... Ladies Forbidden**'... and thus the word GOLF entered the English language.

3. In Shakespeare's time, mattresses were secured on bed frames by ropes. When you pulled on the ropes the mattress tightened, making the bed firmer to sleep on. Hence the phrase..... '**goodnight, sleep tight.**'

4. It was the accepted practice in Babylon 4,000 years ago that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer and because their calendar was lunar based, this period was called the honey month, which we know today as the **honeymoon.**

5. In English pubs, ale is ordered by pints and quarts...

So in old England , when customers got unruly, the bartender would yell at them 'Mind your pints and quarts, and settle down.'

It's where we get the phrase '**mind your P's and Q's**'

6. Many years ago, in England, pub frequenters had a whistle baked into the rim or handle of their ceramic cups. When they needed a refill, they used the whistle to get some service.

'**Wet your whistle**' is the phrase inspired by this practice.

7. In 1696, William III of England introduced a property tax that required those living in houses with more than six windows to pay a levy. To avoid the tax, house owners would brick up all windows except six. (The Window Tax lasted until 1851, and older houses with bricked-up windows are still a common sight in the U.K.) As the bricked-up windows prevented some rooms from receiving any sunlight, the tax was referred to as "**daylight robbery**"!

JOKE SECTION

What do you call a bee who can't make up its mind? *A Maybe*

How do you get two whales in a car? *Start in England and drive west.*

I tried to sue the airport for misplacing my luggage. *I lost my case.*

I've applied for a job at the new restaurant. *I'm still waiting*

Contact Details:

If you have any queries or concerns or just want to include something in the Update please feel free to contact the Chair or Secretary:

Chair: Jane Bridge Telephone 853676
West Lodge, Main Road Crosby, IM4 4BH

Secretary: Maureen Redmayne Telephone 824361
80 Malew Street, Castletown, IM9 1LS

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